

NAME	PROMOTING HEALTH AND WELL-BEING CROSS-SECTORALLY
Course volume ECTS	5
Assessment form	Stakeholder analysis, non-differential (pass/fail)
Methods of learning	Participation in lectures E-classes (Moodle) Individual reading Group discussions and reflections Individual/group assignments
Approximate amount of contact lessons	In Finland 135 h: 16 h contact lessons + 119 h independent and collaborative online learning In Estonia 130 h: 24 h contact lessons + 106 h independent and web-based work.
Lecturer	-
Pre-requirements	No pre-requirements
Course aims (Learning outcomes of the course)	The course covers the following themes: - Multidisciplinary knowledge and skills for promoting health and well-being in municipalities, organizations, companies or in the third sector - Cross-sectoral cooperation between stakeholders and sectors on various levels - actions, opportunities, tools (including digitalization), challenges and application of measures
Brief description of the course	To provide knowledge and tools for multisectoral collaboration among various stakeholder groups and sectors in health promotion.
Learning outcomes	Students are able to work collaboratively across disciplines, sectors and partners to enhance the impact and sustainability of Health Promotion actions: - apply the multidisciplinary knowledge and skills needed to promote health and well-being in municipalities, organizations, companies, the third sector etc; - identify health promotion activities, opportunities and challenges for cross-sectoral actions across sectors and levels and apply promotion and evaluation measures in the chosen sector (options for digitalization as well); - describe own role in a specified partnership, coalition or network, and demonstrate the skills or actions needed to develop, facilitate and sustain effective partnership.
Evaluation scale	Pass/fail
Assessment methods and criteria	Active attendance, stakeholder analysis
Study literature and materials	MUST: course materials OPTIONAL: Laverack, G. 2004. Health Promotion Practice. Power and Empowerment. SAGE Publications Ltd Health Impact Assessment: http://www.who.int/hia/tools/process/en/ http://www.ukphr.org/wp-content/uploads/2017/02/Core_Competencies_Standards_linkE.pdf Heller, T et al (2001)., Working for Health. ; Poland, B.D, Green, L.W & Rootman, I. (2000)., Settings for health promotion. Linking theory and practice. ; Naidoo, J & Wills,J (2000) , Health Promotion Foundations for Practice, 2nd ed. pp. 199-218. pp.265-389; Verkostotyön käsikirja, SOSTE https://www.soste.fi/tapahtumat/verkostot/verkostotyön-kasikirja.html Health Promotion in Canada: New Perspectives on Theory, Practice, Policy, and research (2017). (ed) Irving Rootman, Ann Pederson, Katherine L. Frohlich, Sophie Dupéré.