

NAME	LIVING ENVIRONMENT AND ITS HEALTH IMPACT
Course volume ECTS	5
Assessment form	Individual and / or group work
Methods of learning	Participation in lectures Moodle working Individual reading Group discussions and reflection, group work
Approximate amount of contact lessons	16 hours contact lessons (4 h orientation, 4h, 4h lectures between students Moodle working and 4 h final discussion) 119 hours independent and web-based work
Lecturer	-
Pre-requirements	None
<b>Course aims (Learning outcomes of the course)</b>	To provide an overview of the effect of living environment on the human health, in order to understand the cause and effect relationship of living environment and health. To understand the health impact assessment of environment and how to promote health across all sectors of activity.
<b>Brief description of the course</b>	The course covers the following themes: - Global Health -introduction, Health in all policies, Health impact assessment - Urban environment – urbanization, overpopulation, transportation & logistics, pollution, social isolation, violence, importance of green space, services. - Rural environment – peripheralization, unemployment, risk behaviour (alcoholism, suicidal behaviour), small proportion of youth - Salutogenesis and urban environment, WHO Healthy Cities - Environment and health (traffic, transportation, water, air quality and health, noise, waste, food etc.)
<b>Learning outcomes</b>	As a result of this course, the student is able to demonstrate the following knowledge and skills: - can describe and analyse the connections between environment and health; - understands the important role of living (urban?) environment (urban, rural, work and home environment) in human health; - knows the aspects and health risks related to the quality of life preservation systems (air, water, soil, food); - know the urban health determinants and can assess the Health impacts of environment; - can describe the ways, how to plan and promote the health of environment.
Evaluation scale	Up to the lecturer to decide
Assessment methods and criteria	Written work and presentation - criteria will be decided by the lecturer
Study literature and materials	<p><b>MUST:</b> City health profiles: how to report on health in your city. WHO regional office for Europe, 1995. <a href="http://www.who.int/topics/urban_health/en/">http://www.who.int/topics/urban_health/en/</a></p> <p><b>OPTIONAL:</b> City planning for health and sustainable development. European Sustainable Development and Health Series. WHO regional office for Europe, 1997. Social determinants of health. WHO regional office for Europe, 1998. Community participation in local health and sustainable development. WHO, 2002. National healthy cities network. WHO, 2003. Helsingin tietokeskus Maass R, Lillefjell M, &amp; Espnes G.A. The Application of Salutogenesis in Cities and Towns. 171-180. Mittelmark, M, Sagy S, Eriksson M, Bauer G, Pelikan J, Lindström B, Espnes G.A, (Editors). M.B. Mittelmark et al. (eds.), The Handbook of Salutogenesis, <a href="http://www.marebalticum.org/brehca/">http://www.marebalticum.org/brehca/</a> Baltic region healthy cities association Journal of Urban Health</p>