Health Day for Lääne County youth

Date : oktoober 10, 2016

The HPP team members in Haapsalu were thrilled to partake in the Health Days for the students of the Lääne County. The Health Day, organised in joint cooperation by Lääne County Youth Council, non-profit association Noorte Vaba Aeg, Haapsalu Youth Centre and Haapsalu Vocational Education and Training Centre, focused on three subjects: sleep, sexual health and stress. Our team joined in by measuring the health indicators of all those interested.

We had lots of fun and hope to see some of the pupils as future students of our health promotion programmes!